



MSHP Pharmacy Technician CE Series Schedule April 12, 2019

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All sessions that are approved through ACPE will be acknowledged as (K) Knowledge-based CPE Activity; or (A) Application-based CPE Activity

3:00-3:30 p.m.

Take a Chill Pill: A Prescription for Avoiding and Managing the Effects of Burnout Syndrome

(K) (0.05 CEU/0.5 Contact Hour) UAN# 0598-9999-19-004-H04-T/ 0598-9999-19-004-L04-T

Speakers: Alex Meyr, PharmD, PGY-1 Pharmacy Resident – SSM Health St. Mary's Hospital; Emily Shor, PharmD, PGY-1 Pharmacy Resident – SSM Health St. Mary's Hospital

Objectives Technicians: At the completion of this activity, the participant will be able to:

1. Define burnout syndrome
2. List risk factors associated with burnout syndrome
3. Identify strategies for alleviating burnout syndrome

Faculty Disclosure:

Alex Meyr, PharmD and Emily Shor, PharmD do not have any potential conflicts of interest in relation to this presentation.

CPE Credit Statement:

These activities are structured to meet knowledge-type educational needs. A knowledge-type activity requires factual knowledge. Information in knowledge-type activities is based on evidence as accepted in the literature by the health care professions. Continuing pharmacy education (CPE) credit will be earned based on participation in individually accredited activities. Attendance and participation are required before obtaining CPE credit. Any individual who is more than 10 minutes late to an activity or leaves an activity early will not be granted CPE credit. This procedure will be strictly enforced, so please plan accordingly. Participants must complete a program evaluation form to receive CPE credit. This will be emailed to you upon completion of the program.

This activity is ACPE accredited for pharmacist continuing education credit. Even though MPA may accredit an activity for pharmacy technicians, it is the technician's responsibility to determine whether the subject matter is acceptable to the Pharmacy Technician Certification Board for recertification.

If all requirements are met, participants will receive pharmacy continuing education credit in the following manner. Partial credit will not be awarded. Please allow 60 days for processing.

Pharmacists/Pharmacy Technicians:

CPE Monitor, a national, collaborative effort by ACPE and the National Association of Boards of Pharmacy (NABP) to provide an electronic system for pharmacists to track their completed CPE credits, went into effect on Jan. 1, 2013. MPA, as an ACPE-accredited provider, is required to report pharmacist and technician CPE credit using this new tracking system. Participants must provide their NABP e-Profile identification number and date of birth (in MMDD format) when they register for a CPE activity or complete activity evaluations. **It will be the responsibility of the participant to provide the correct information (i.e., e-Profile identification number and date of birth in MMDD format. IF this information is not provided, NABP and ACPE prohibit MPA from issuing CPE credit.** Online access to their inventory of completed credits will allow participants to easily monitor their compliance with CPE requirements and print statements of credit. Therefore, MPA will not provide printed statements of credit to pharmacists and technicians.

For additional information on CPE Monitor, including e-Profile set-up, go to www.nabp.net.

Initial Release Date: 04/12/2019 **Expiration Date:** 04/12/2022



Missouri Pharmacy Association is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.